# A Plain and Candid Relation of the Nature, Uſes and Doſes of that Approved *Medicine*,

# SPIRITUS MUNDUS,

## Truly Prepared by *Charles Marſhall*.

**Publiſhed to the Intent the Afflicted with Sickneſs may have the Benefit thereof.**

SPIRITUS MUNDUS is an Abſterſive *Medicine*, opening Obſtructions of the Liver, Spleen, Miſſentery and Miſeraick Veins; good againſt Dropſies, Scurvey and Jaundice; and for the moſt part a ſpeedy Remedy againſt Gripes, Illiack Paſſion and Collick; it hath been very Helpful to many in the Stone and Strangury; is of great Uſe to Women in Travil, and alſo after they are delivered, being greatly Helpful to them in both Conditions; it cleanſeth the Stomach, and will above many Medicines prevail in Surfeits; and is of great Uſe againſt Agues and Feavers, for it powerfully reſiſteth Putrifaction: Its an effectual Medicine againſt Pluriſies, to Cure them without Blood-letting. Being taken timely in all theſe Diſtempers, it is very Effectual, Safe and Harmleſs.

*Note*, Women with child may ſafely take this Medicine.

*Note* alſo That if the Stomach be ſick after taking the *Spiritus Mundus*, be not diſcouraged, for it is its working on the offending Matters, and will quickly go off. If it cauſe a Puking or Vomiting, take it again preſently; and if it do again, take it again; and in a little time it will get through the Offending Matter, and paſs through the Veſſels cleanſing and comforting.

### *The Manner of Uſing, & Quantities of this True Efficatious Medicine.*

Mix a Vial of about half an Ounce in four Ounces (or a quarter of a Pint) of Saſſafras, Poppy, Balm, Angelligo, Borrage, Black-Cherry Water, or in want of any of theſe, in good Spring-Water, ſweetned with the beſt White-Sugar; and being mixed, as above-ſaid, a Man or Woman may take at a time two or three Spoonfuls: Every one may mix it ſtronger or ſmaller, as they can take it; minding this general Rule, That the more Diſtilled Water be mixed with it, the more muſt be taken at a time: Noting, That in Surfeits, Gripes, Pluriſies, Fits of the Stone, and ſuch like Diſtempers that call for immediate Relief, it ſhould be mixed pretty ſtrong, and taken often, *viz.* every half Hour, for two or three Hours together; and then ſtaying three or four Hours, take it ſo again; and ſo do for ſome time, until the Diſtemper be in good meaſure Conquered; for Perſons troubled with Chronick or old Diſtempers, it ſhould be taken Mornings in Bed, twice or thrice in an Hour, and (if can) lie an Hour or two and ſleep after it; and three Spoonfuls again an Hour.

*Note*, That a Spoonful is about half an Ounce.

Between time of taking the *Spirit* of *Mundus*, any Poſſet-drink, which is proper, may be given, or any Food eaſie to be digeſted.

It increases the Appetite to Food, and helps the Digestion.

Hour before Dinner, and at Five in the Afternoon, or going to Bed; this Course may be taken in Chronick Distempers for ten dayes at a time. *Note*, That for Children it must be mixt according to Strength and Age, and as one can get them to take it. For Babes in the first Moneth against Convulsion Fits, mix it in Black-Cherry-Water, so as it may only just taste of the *Medicine*; and give a Pap Spoonful of it pretty often, as Occasion requires; Against Wind, mix it in Spire-Mint-Water mixed with Sugar, or Syrup of Coustips, and give it often, as above-said.

*Note*, That *Sassafras* Water is the most General of all the Cold distilled Waters afore-mentioned to take the *Spiritus Mundus* in, which is made thus:

Having put in six Ounces of Sassafras-wood, thinly chipped, in a cold or hot Still, put to it a Gallon of Spring-Water, and Distil three Quarts of it.

*There is also two other* Medicines, *great Restorers of Nature, Cleansers of the Blood, Prevalent against the Plague, Spotted-Feaver, and against all other Feavers and Consumptions, taken after the Use of the* Spiritus Mundus, *which may be Printed in a quarter of a Sheet by it self, for the Benefit and Comfort of the Sick and Weak*, &c.

*The Account I have had of the continual good Effects of these* Medicines *on Hundreds of People, both in this Nation, and in several Places beyond the Seas, and the true Safety of them, gives me great Encouragement to Publish this* Medicine *first by it self.*

C. M.

## To be Sold at the Places following.

By *John Marsh*, at present at *Joseph Buckley's* in *Peter's*-Ally in *Cornhill*, who doth not only Sell of these Medicines, but hath also Quantities to dispose to them that send for them in City or Country. *John Steples*, Grocer, at the Harrow in *Aldersgate-Street*. *Benjamin Clark*, Stationer, in *George-Yard* in *Lumber-street*. *William Wiggan*, Saddler, at the Anchor in *Martins le Grand*. *William Kent*, Cheese-monger, in Bird-Eyes-Buildings in *Bishops-Gate-Street*. *Robert Bridgman*, Grocer, at the Golden Lyon in *Leaden-Hall-Street*, near *Algate*. *John Goodwin*, Cheese-Monger, at the Crown in *Houndsditch*. *Mary Hubbard*, Chandler, in *New Fashions-Street* near *Spittle-Fields*. *Edward Dolton*, Patten-maker, in *High-Street* in *White-Chappel*. *Samuel Harwood* in *Fleet-foot-Lane*, *Southwark*. *Sarah Hasely* in *School-house-Lane*, *Ratliff*. *William Warren* at the Sign of the Fleece, near *Shadwell Dock* in *Wapping*. *William Clark* Confectioner, in *James's*-Market, near *Charing-Cross*. The Widdow *Stowell* in *Colchester*. *John Ware* in *Castle-green-Street*, near *Newgate*, in *Bristol*. *Mary Timbril* in *Cirencester* in *Glocester-shire*. *John Cox* in *Glocester*. And *John Hubbard*, Grocer, in *Stoak* near *Lyn* in *Norfolk*. And in other Places the Disposers are desired to put their Names and Dwellings in Writing, for that this Paper would not contain them all.